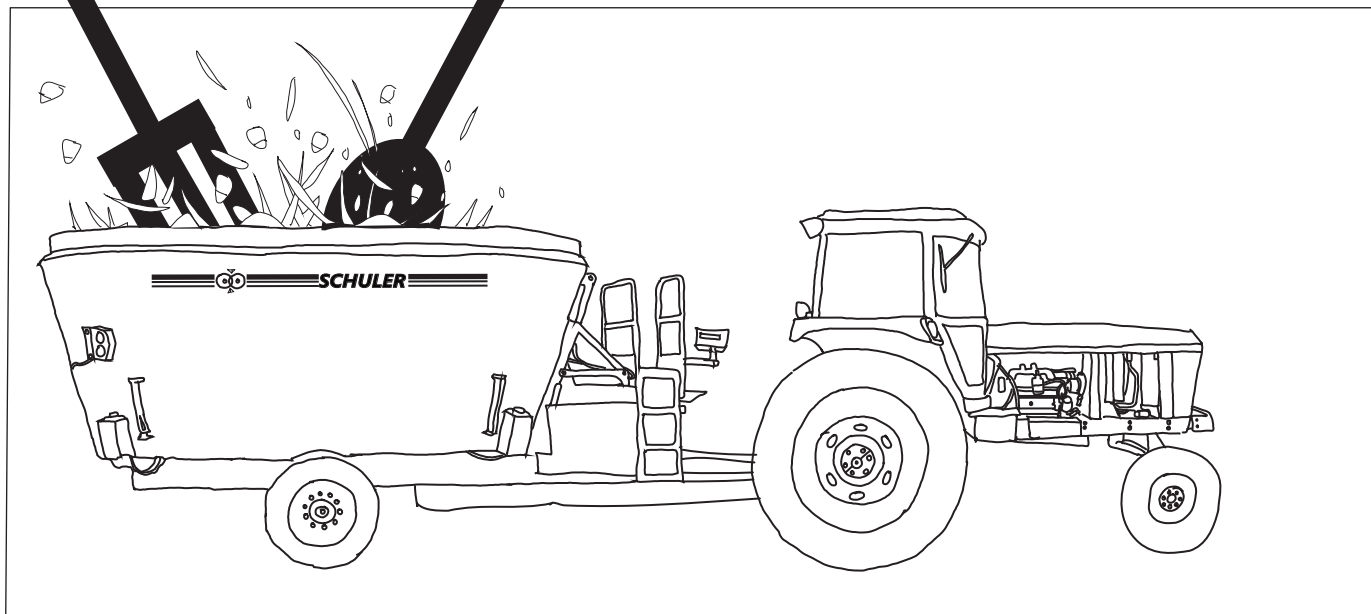


Cow Chow

*Formulated specially for the Dairy Cows
at Appel Family Dairy*



Ingredients:

- 9lbs 1st Cut Alfalfa Hay (Carbohydrates)
- 23.73lbs Flaked Corn (Carbohydrates)
- 0.25lbs Nutra Cor (Fats)
- 5lbs Cottonseed (Fats)
- 1.18lbs Canola Meal (Protein)
- 5lbs Mineral Blend (Vitamins)
- 18.50lbs Corn Silage (Carbohydrate)
- 29lbs 3rd Cut Grass Silage (Carbohydrate)
- 20lbs Water

Time: 15 Minutes

Serving Size: 110lbs

Yield: 1 Holstein-Serving of "TMR: Total Mixed Ration"

Instructions:

Add Alfalfa hay to mixer wagon, and begin mixing, so that the hay is properly broken apart.